

JADE GUA SHA

Facial Gua Sha is a massage technique designed to relieve tension in the muscles of the face, boost blood circulation, and encourage lymphatic drainage to banish bloat. It helps break up fascia, the connective tissue that hugs muscles but can sometimes interfere with optimal circulation

HOW IT WORKS

Gua Sha is a facial treatment that involves scraping dirt and impurities off your skin using a flat jade. The flat jade will be moved in upward strokes to relax stiff muscles and promote tissue drainage.

BENEFITS

- Ease off the tension in your face muscles
- Improves blood flow and most importantly less puffiness
- Prevent and treat the signs of premature ageing like the appearance of wrinkles, dark eye circles, sagging and dull-looking skin
- Boost hydration
- Helps the skin to naturally purge blemish-causing dirt and oils

JADE GUA SHA FACIAL - 90MINS

PRICE \$590.00

JADE GUA SHA EYE - 45MINS

PRICE \$290.00

HOW MANY SESSIONS DO I NEED?

If you're looking for simple upkeep, you can perform gua sha anywhere from once a week to seven days a week. If you're looking to seriously relieve muscle tension in the face, jaw or neck or diminish wrinkles, nearly every day is ideal.

Price quoted are excluding GST